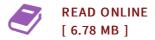




### Watsu Basic and Explorer Paths

By Harold Dull

Watsu Publishing. Paperback. Book Condition: New. Paperback. 132 pages. Dimensions: 9.1in. x 7.5in. x 0.2in. This book introduces Watsu, the worlds first Aquatic Bodywork, and the newest forms of Explorer and Tandem Watsu, as well as Tantsuyoga which brings Watsus unconditional holding and the movement of water onto land. Watsu is the practice of floating and stretching people in warm water in a way that creates enough safety in our arms for them to access whatever level of being they need to free and heal. Watsu has taken the lead in aquatic therapy and stress reduction in clinics and spas around the world. This books new Basic Watsu is both a path in itself for exploring new ways of being with family and friends and a possible first step to a professional path. It is based on a simple progression of moves that follow and deepen the connection of your breathing, and moves that awaken and engage the movement within. This progression, and how to maintain someone comfortably supported and aligned (as well as yourself) can be learned in two days of instruction. Once learned, the more you share on this Basic path, the more you will find your connection to...



#### Reviews

Extremely helpful to any or all category of individuals. It really is rally fascinating through studying time period. I am just quickly could possibly get a pleasure of reading a composed ebook.

#### -- Lawrence Keeling

This publication may be worthy of a read through, and a lot better than other. It is among the most incredible book we have read through. Your daily life period will be change when you total reading this article publication.

-- Garett Baumbach

#### Related eBooks



#### Early National City CA Images of America

Arcadia Publishing. Paperback. Book Condition: New. Paperback. 128 pages. Dimensions: 9.1in. x 6.4in. x 0.4in.Below the surface of bustling National City lies the story of olive and citrus orchards, grand Victorian homes, great wealth, and the coming of the first railroad. Founded...



#### **Multiple Streams of Internet Income**

Wiley. Hardcover. Book Condition: New. Hardcover. 279 pages. Dimensions: 9.3in. x 6.2in. x 1.2in.Praise for MULTIPLE STREAMS OF INTERNET INCOMEIf ever the world needed some help to succeed on the Internet, this is the moment. Robert Allens new book is just in...



#### **Scholastic Discover More Animal Babies**

Scholastic Reference. Hardcover. Book Condition: New. Hardcover. 32 pages. Dimensions: 9.1in. x 7.6in. x 0.5in.Scholastic Discover More is a revolutionary new nonfiction line pairing stunning print books with corresponding interactive digital books that extend the learning online. ANIMAL BABIES unlocks a free...



# The Whale Tells His Side of the Story Hey God, Ive Got Some Guy Named Jonah in My Stomach and I Think Im Gonna Throw Up

B&H Kids. Hardcover. Book Condition: New. Cory Jones (illustrator). Hardcover. 32 pages. Dimensions: 9.1in. x 7.2in. x 0.3in.Oh sure, well all heard the story of Jonah and the Whale a hundred times. But have we heard it from the perspective of the...



# Angels Among Us: 52 Humorous and Inspirational Short Stories: Lifes Outtakes - Year 7

Publishing Inspiration. Paperback. Book Condition: New. This item is printed on demand. Paperback. 132 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.52 Humorous And Inspirational Short Stories!52 humorous and inspirational short stories from year 7 of Lifes Outtakes, a nationally syndicated column by...



### Scholastic Discover More My Body

Scholastic Reference. Hardcover. Book Condition: New. Hardcover. 32 pages. Dimensions: 9.1in. x 7.7in. x 0.6in.Scholastic Discover More is a revolutionary new nonfiction line pairing stunning print books with corresponding interactive digital books that extend the learning online. MY BODY unlocks a free...